

Individual Safety Plan (ISP)

Name:

School:

Implementation Date:

About physical restraint and seclusion:

- *Seclusion is defined as an involuntary confinement of a student alone in a room or area from which the student is physically prevented from leaving.*
 - *Restraint is physically preventing a student from doing, exhibiting, or expressing his/her actions by limiting, restricting, or keeping them physically under control in an emergency situation. Staff may only physically restrain a student using Crisis Prevention Intervention (CPI) endorsed techniques, while holding current certifications.*
 - *Physical restraint and/or seclusion are only to be used as a last resort when a student demonstrates a danger to him/herself or others.*
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Describe (in detail) the observed behavior(s) of the student that might cause harm to himself or others:

I. How often have behaviors escalated to a crisis level during the past school year? Be specific.

II. What are the potential triggers that escalate the student’s behaviors from manageable (as implemented in the BIP) to a dangerous, emergency situation? The student’s BIP must be implemented as written prior to initiating the ISP.

III. Describe the alternate strategies that will be utilized during an emergency situation to protect the safety of all students during an incident:

Exclusive TO: Peers will leave the classroom or area of danger and the student will remain in the classroom/area in order to establish and maintain safety for the out-of-control student and others.

Other strategies (List):

IV. What are the specific circumstances in which seclusion and/or restraint may be utilized to control the student's behaviors?

V. What methods of restraint will be used in an emergency situation (only by trained CPI endorsed staff members)?

<input type="checkbox"/> Physical Restraint: Any method of one or more person's restricting another person's freedom of movement, physical activity, or normal access to his/her body. Will be initiated only by trained CPI endorsed staff.
<input type="checkbox"/> Chemical Restraint: Medication prescribed by a doctor and administered by school health staff to control behavior or restrict the patient's (student's) freedom of movement.
<input type="checkbox"/> Mechanical Restraint: Use of any device or object (tape, ropes, weights, weighted blanket or vest, etc.) to limit the student's body movement or manage out-of-control behavior.

VI. Provide the names of staff members who are CPI endorsed.

VII. During seclusion, the following policies must be followed:

<ul style="list-style-type: none">• <i>An adult must supervise the student while confined and must be able to see the student at all times. An adult must be designated for this monitoring.</i>• <i>A student will not be kept in seclusion for more than 30 minutes after he/she ceases displaying the specific behavior(s) which lead to isolation.</i>• <i>Other(s):</i>
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VIII. Describe the "cool-down" process for the student after all threat of danger is gone and the student is free from restraint and/or seclusion.

IX. Parent must be contacted.

Type of contact and form of documentation that the parent will receive:

X. Documentation of implementation: This information must be provided after each incident of restraint and/or seclusion.

<ol style="list-style-type: none">1. Incident Reports2. Restraint and/or Seclusion Data3. Data from CPI endorsed adults involved in implementing the ISP (each incident).4. The TOR will collect all of the above information and provide a copy to a designated administrator5. Other (Describe)

XI. How and when will this plan be monitored?

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XII. Who is responsible for assuring that this ISP is implemented with fidelity?

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XIII. Assessment Team Members:

Name	Title